

# Omaha Holistic Expo

## 2023 Speaker Schedule

### Saturday 3/11

#### 10:15a Dana Camp

*Explore Thera Wellness - A Cutting Edge  
Quantum Frequency Therapy*

#### 11:30a Diane Silva

*Tackle your Tower - Strategies to Face  
Fears and Challenges while  
(Re)Discovering your Courage!*

#### 12:45p Marlene Porter

*Discover & Experience Light Language*

#### 1:45p Lisa Parisian

**LIMHP, LADC, CMT, CHt**  
*Revolutionary Therapy for the  
Awakening Mind*

#### 2:45p Pam Thielen

*"10 Steps to Slow the Effects of Aging"  
Matching Health Span to your Life Span*

#### 4:00p Amy Williams

*Energy Awareness & Your Intuition*

#### 5:00p Michelle Hayes-Collins

*Relieve Stress through Neurographic Art  
Presentation & Art Experience*

### Sunday 3/12

#### 10:30a Astar Raven

*Become a Channel - How to tune into the  
cosmos & access more of your brain and  
body for inner guidance.*

#### 11:45a Chandra Petersen

*Self-Hypnosis- It's What's for Winners!  
Learn techniques and experience a  
immersive hypnotic experience.*

#### 1:00p Denise Schumacher

*Vision and the New You! How clarity  
and non-resistance help you manifest.*

#### 2:15p Kevin Kas & Meghan Herek

*Spiritual Guidance and Therapy  
Working together to Help the Light  
Shine in for a Soul's Wellbeing!*

#### 3:30p Kim Covert

*How Quantum Hypnosis takes Past  
Life Regression to the Next Level!*

#### 4:45p Laura Beck

*Surrender Your Stress to Heal  
& Ocean of Holy Love  
Meditation Experience*

Visit [www.OmahaHolisticExpo.com](http://www.OmahaHolisticExpo.com)  
for more details about presentations and  
experiences being offered.

## Presentations are FREE to Attend

Seats are first come, first served and space is limited.